

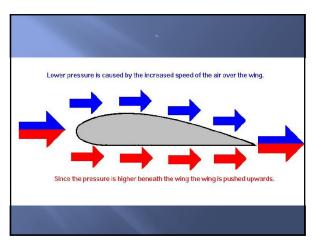
Elements of Boat Speed •Boat Prep- Clean Bottom, all gear works. Winches, halyards, traveler, cleats. •Rig Tune- Rig is straight side to side and forestay tension and mast bend are correct for conditions. •Boat Trim- All excess gear off, no weight in ends of •Advanced Boat Handling- Tacks and Gybes, Mark

•Sail Trim- Correct trim for conditions

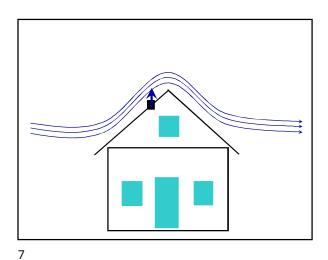


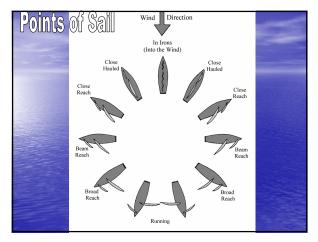






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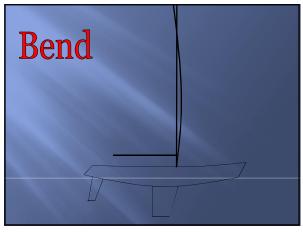


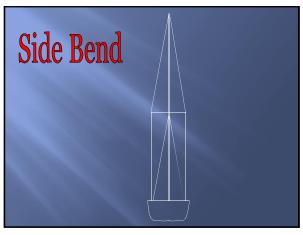
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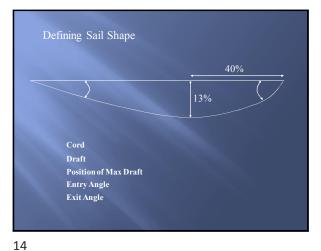
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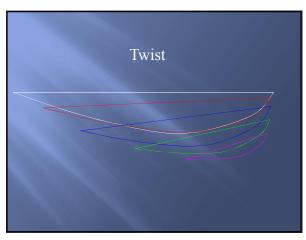




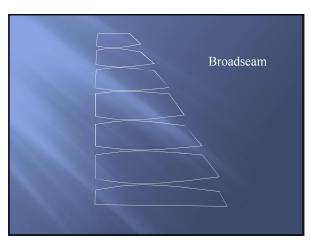
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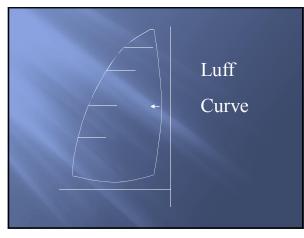


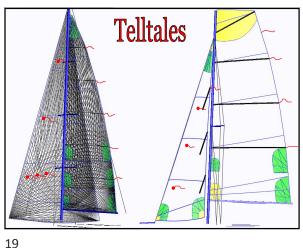




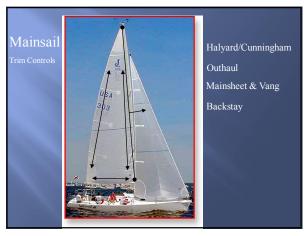






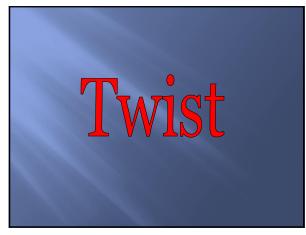


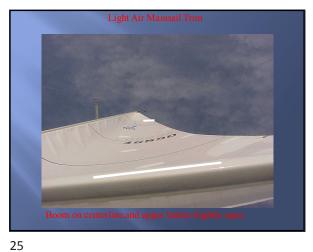








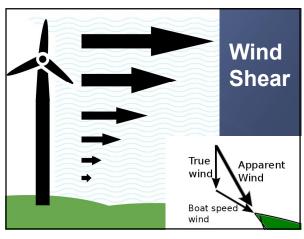




























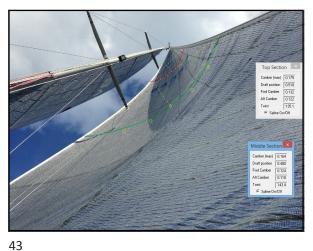


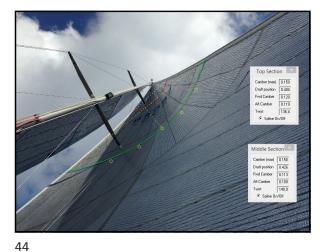
























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51 52





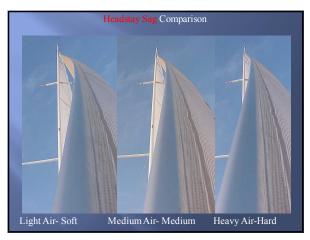
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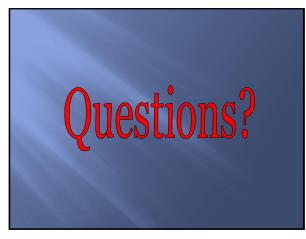
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