



**Flying Scot® Sailing Association  
North American Championship  
Fishing Bay Yacht Club  
Deltaville, VA  
June 24–27, 2007  
Sailing Instructions**

**1. RULES**

The regatta will be governed by the Racing Rules of Sailing, 2005-2008. This is a Category A event.

**2. ENTRIES**

**2.1** Competitors may enter by completing Registration and Measurement with the Organizing Authority.

**2.2** There will be no Qualifying Series. The make-up of the Championship and Challenger Divisions will be based on each skipper's division preference as indicated upon registration. Exception: Any North American or Midwinter Championship or Challenger Division winner shall sail in the Championship Division.

**3. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board located on the screened porch on the Fishing Bay side of the main clubhouse.

**4. CHANGES TO THE SAILING INSTRUCTIONS**

Any change to the Sailing Instructions will be posted by 0800 on the day it will take effect, except that any change in the schedule of races will be posted by 1800 on the day before it will take effect.

**5. SIGNALS MADE ASHORE**

**5.1** Signals made ashore will be displayed on the yardarm located on the fixed pier on the Fishing Bay side of the main clubhouse.

**5.2** If a postponement (Flag "AP") is signaled ashore, the warning signal will be made not less than 60 minutes after Flag "AP" is lowered. This changes Race Signals.

**6. RACING FORMAT**

**6.1** If 60 or fewer boats elect to sail in the Championship Division, boats will sail in the Division selected by the skipper at registration

**6.2** If more than 60 boats elect to sail in the Championship Division, Championship Division boats will be divided into four fleets, A-B-C-D, and will race a double round-robin format. Challenger Division boats will sail in their own, separate, fleet.

**6.3** Whichever format is used, six races will be scheduled, two each day (Monday-Wednesday).

**6.4** Round-robin fleet assignments will be made by the Organizing Authority and approved by the National Championship Committee. Decisions on fleet assignments are final and not subject to redress.

**7. SCHEDULE**

**7.1** There will be a Competitors Meeting in the large tent at the main clubhouse on Monday, June 25, at 0900.

**7.2** Two races are scheduled each day (Monday-Wednesday). An additional race may be sailed if the regatta falls behind schedule. The RC will signal another race to follow by displaying Flag “R” (red with yellow cross) while boats are finishing the current race.

**7.3** The intended Schedule of Races is:

Race	Day	Warning	Division Format		(or) Round Robin Format	
	Sun	1300	Junior	(Start 1)	N/A	
			Women	(Start 2)	N/A	
1	Mon	1100	Championship	(Start 1)	A & B	(Start 1)
			Challenger	(Start 2)	C & D	(Start 2)
					Challenger	(Start 3)
2	Mon	ASAP	Championship	(Start 1)	A & C	(Start 1)
			Challenger	(Start 2)	B & D	(Start 2)
					Challenger	(Start 3)
3	Tue	1100	Championship	(Start 1)	B & C	(Start 1)
			Challenger	(Start 2)	A & D	(Start 2)
					Challenger	(Start 3)
4	Tue	ASAP	Championship	(Start 1)	C & D	(Start 1)
			Challenger	(Start 2)	A & B	(Start 2)
					Challenger	(Start 3)
5	Wed	1100	Championship	(Start 1)	B & D	(Start 1)
			Challenger	(Start 2)	A & C	(Start 2)
					Challenger	(Start 3)
6	Wed	ASAP	Championship	(Start 1)	A & D	(Start 1)
			Challenger	(Start 2)	B & C	(Start 2)
					Challenger	(Start 3)

Note 1: Class Flag for Start 1 = Red/White Flag.

Note 2: Class Flag for Start 2 = Blue/White Flag.

Note 3: Class Flag for Start 3 (if Round Robin) = White Flag.

Note 4: If the Round Robin Format is in effect, at the Attention Signal for each race, two ribbons will be displayed from a pole on the RC Signal Boat and will remain displayed until the Preparatory Signal is removed for that start. These ribbons will correspond to the fleet ribbons of the boats in Start 1 of that race. This is not a timed signal.

Note 5: No Warning Signal will be made after 1400 on Wednesday.

## 8. RACING AREA

See Addendum 2.

## 9. COURSES

**9.1** Courses are illustrated in Addendum 1.

**9.2** For Windward-Leeward Courses and for the windward/leeward portion of Triangle Courses (but not for reaches) an Offset Mark (designated Mark 1A) will be placed at approximately right angles to the weather leg and approximately 150 ft from Mark 1. The distance from Mark 1 to Mark 1A shall constitute a leg of the course.

**9.3** For Windward/Leeward Courses a Leeward Gate (Marks LS and LP) may be used. Boats shall sail between the two gate marks from the direction of the previous mark and may round either gate mark. If only one mark is present, boats shall round it to PORT.

**9.4** For all courses, the Leeward Mark (or Gate) has no significance on the first leg of the course. For leeward finishes, the Leeward Mark (or Gate) has no significance on the final leg to the finish (unless the course is being shortened at the mark or gate). For windward finishes, Mark 1 has no significance on the final leg to the finish (unless the course is being shortened at Mark 1).

**9.5** Except for a Leeward Gate, all marks shall be rounded to PORT.

**9.6** No later than the Warning Signal for each race the RC Signal Boat will display the course to be sailed plus the magnetic bearing and approximate distance from the RC Signal Boat to Mark 1. The course number will correspond to the course diagrams in Addendum 1.

## **10. MARKS**

**10.1** Marks 1, 2, LS, LP, and 3 will be orange inflatables. Marks that have been shifted will be yellow inflatables.

**10.2** Mark 1A will be an orange ball. If Mark 1A is shifted, the new mark will be a yellow ball.

**10.3** Starting marks will be RC boats. Finish marks will be an RC boat and either an orange inflatable or another RC boat.

## **11. CHECK-IN**

Prior to the Warning Signal for each race, each boat shall sail past the RC Signal Boat, hail her sail number, and be acknowledged by the Race Committee. Only the Race Committee may protest an alleged breach of this rule. The penalty for a first offense shall be a warning. This changes RRS 60.1 and 60.3.

## **12. THE START**

**12.1** Races will be started using RRS 26.

**12.2** The starting line will be between the staff displaying an orange flag on the RC Signal Boat at the starboard end of the line and the staff displaying an orange flag on the RC Pin End Boat at the port end.

**12.3** To alert racers that a race is about to start, an Attention Signal consisting of a series of short sounds will be made approximately three minutes before the Warning Signal. This is not a timed signal.

**12.4** Boats whose Warning Signal has not been made shall remain well clear of the starting area.

**12.5** A boat not starting within five minutes after its starting signal will be scored DNS without a hearing. This changes RRS 63.1, A.4.1., and A5.

**12.6** If the Championship/Challenger Format is used, the Challenger Division shall display a colored ribbon. The Championship Division shall display no ribbon.

**12.7** If the Round-Robin format is used, all boats shall display a colored ribbon to denote the fleet in which they are racing.

**12.8** Ribbons shall be displayed approximately six inches above the clew of the mainsail for all races. Ribbon color designations will be posted on the Official Notice Board prior to the Competitors Meeting.

## **13. FINISH LINE**

The finish line will be between the staff displaying an orange flag on two RC boats or between the staff displaying an orange flag on the RC Finish Boat and an adjacent inflatable mark.

## **14. SHORTENED COURSE**

**14.1** If a race is shortened at a gate, the RC boat will anchor adjacent to a gate mark and display Flag "S". Boats shall finish by passing between the gate marks from the direction of the previous mark. The finish line will be between the gate marks.

**14.2** No course will be shortened to fewer than four legs.

## **15. CHANGE POSITION OF NEXT MARK**

To change the position of the next mark, the Race Committee will lay a new mark and remove the old mark as soon as practicable. Subsequent legs may be changed without further signaling to maintain proper course configuration. When, in a subsequent change, a new mark is replaced, it will be replaced with the original mark.

## **16. TIME LIMIT**

**16.1** The time limit for the first boat in each Start to reach the first mark in a race is 45 minutes from that boat's starting signal. If no boat in a Start passes the first mark within the time limit, the race for all boats in that Start shall be abandoned.

**16.2** The time limit for the first boat in each Start to sail the course and finish is 120 minutes.

**16.3** Any boat not finished 30 minutes after the first boat in its Start sails the course and finishes will be scored DNF.

## **17. PROTESTS**

**17.1** Written protests shall be delivered to the Protest Desk within one hour of the RC Signal Boat docking. This docking time will be posted on the Official Notice Board. The Protest Desk will be located in the auxiliary clubhouse on the Jackson Creek side.

**17.2** A list of protest hearings will be posted on the Official Notice Board within 15 minutes after the end of Protest Time. Hearings will be held as soon as practicable on the second floor of the main clubhouse.

**17.3** On the final day of the regatta, a request for reopening of a hearing shall be delivered within the protest time limit if the party requesting reopening was informed of the decision on the previous day, or no later than 30 minutes after the party requesting reopening was informed of the decision on the last day of the regatta. This changes RRS 66.

## **18. SCORING**

The Low Point Scoring System of RRS Appendix A will apply with the following modifications:

a. Six races are scheduled. There will be no throw-out. Three races must be completed to constitute a regatta. This changes Appendix A2.

b. Championship Division boats will be scored together for overall trophies. Challenger Division boats will be scored together for overall trophies.

## **19. RADIOS**

Boats are encouraged to carry hand-held radios to be used in an emergency. Should an emergency occur, the Race Committee will broadcast and respond on VHF-72. Radios shall not be used while racing.

## **20. WET AND DRY SAILING**

Wet and dry sailing by ramp or hoist will be available at FBYC and auxiliary sites. The launching preference should be indicated on the Registration Form and confirmed at registration.

## **21. MEASUREMENT AND SAFETY**

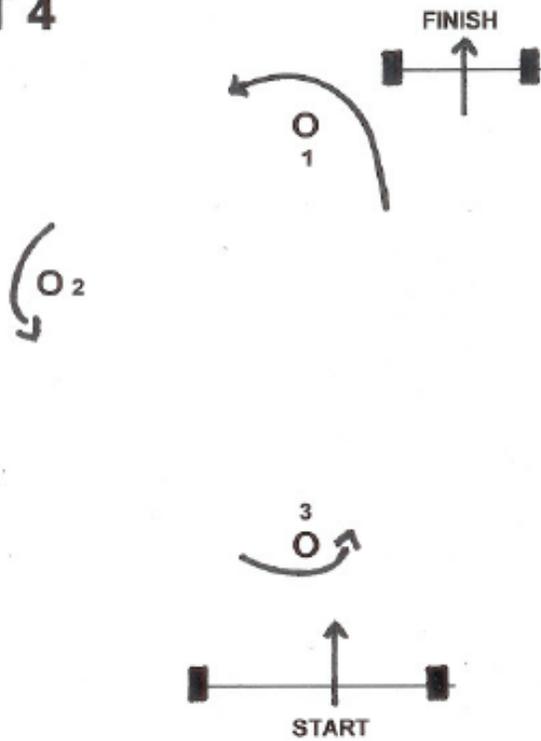
Measurement may be done as per FSSA rules. All boats will be checked for required safety equipment as listed in the Flying Scot Boat Specifications and Requirements. **All boats must carry a line adequate for towing.**

## **22. TROPHIES**

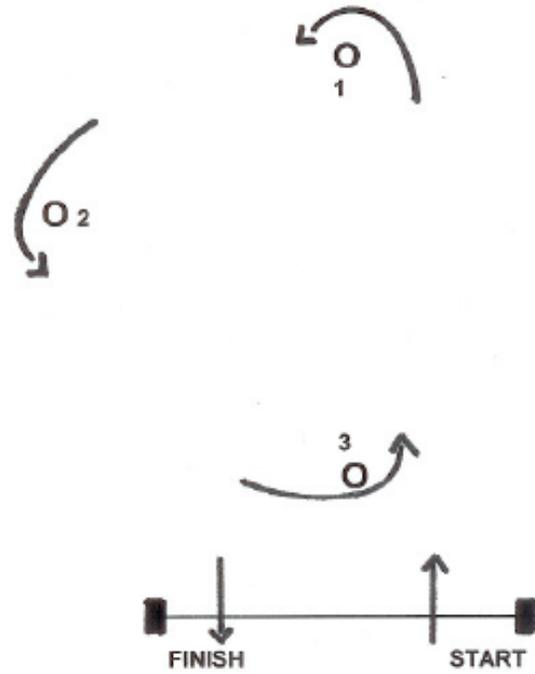
The Gordon H. Douglass Perpetual Trophy will be awarded to the first place winner of the Championship Division. Trophies will be awarded to the skippers and crews of the top 10 place boats overall in the Championship and Challenger Divisions. Trophies will be awarded to the skippers and crews of the top 3 place boats overall in the Women's and Junior Championships. In addition, awards will be given to the skippers and crews of the first place boats in each of the Championship/Challenger Divisions (or Starts) in each race. Other trophies and awards may be given as appropriate.

TRIANGLE COURSES

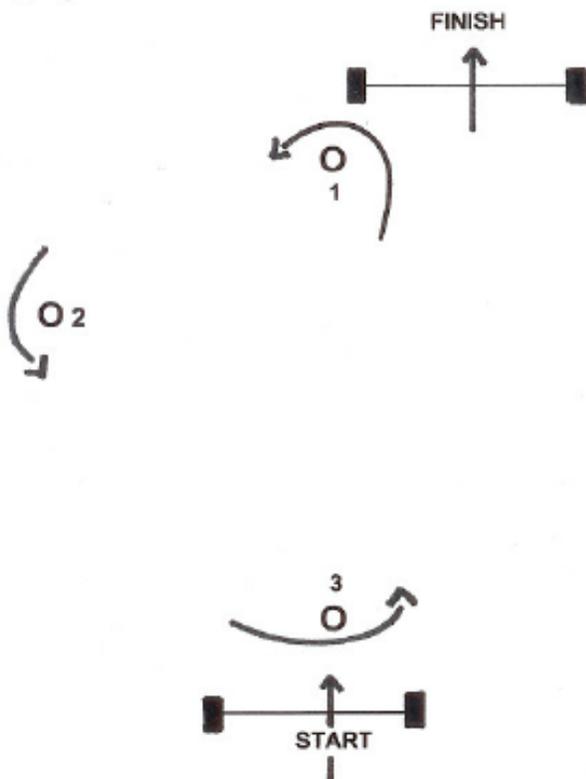
T 4



T 5



T 6



COURSES

T 4 =  
Start - 1 - 2 - 3 - Finish

T 5 =  
Start - 1 - 2 - 3 - 1 - 1A - Finish

T 6 =  
Start - 1 - 2 - 3 - 1 - 1A - 3 - Finish

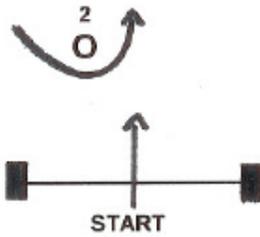
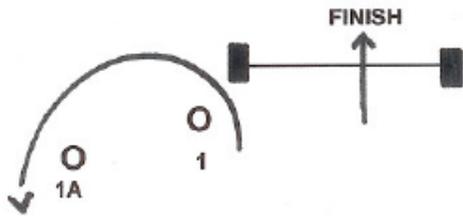
**NOTES:**

- Leeward gate not shown
- Mark 1A not shown
- Interior angles of triangle =  
45 - 90 - 45

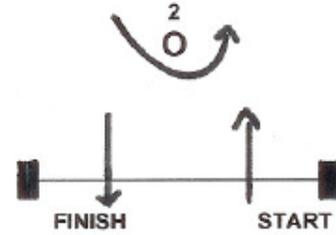
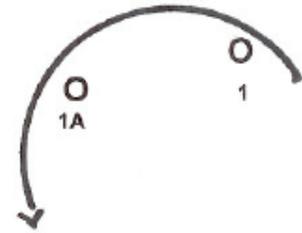
ADDENDUM 1 (Page 2 of 3)

WINDWARD / LEEWARD COURSES

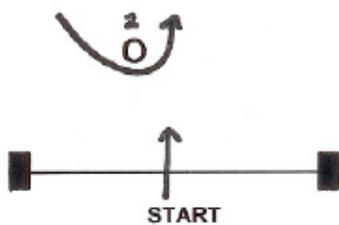
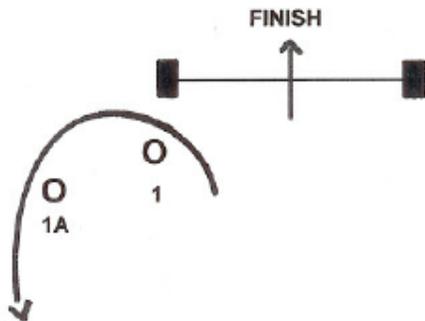
W 3



W 4



W 5



COURSES

W 3 =  
Start - 1 - 1A - 2 - Finish

W 4 =  
Start - 1 - 1A - 2 - 1 - 1A - Finish

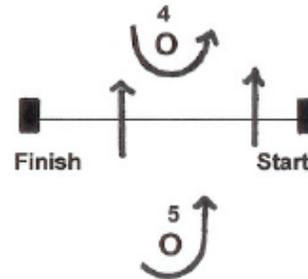
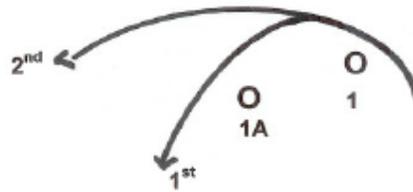
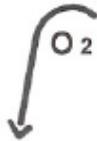
W 5 =  
Start - 1 - 1A - 2 - 1 - 1A - 2 - Finish

NOTE:  
Leeward gate not shown

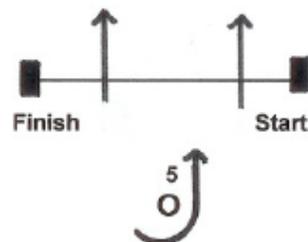
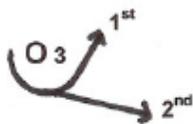
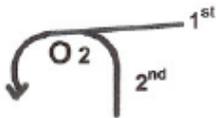
**ADDENDUM 1 (Page 3 of 3)**  
**TRAPEZOID COURSE - COURSE Z**

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**INNER TRAP**



**OUTER TRAP**



**INNER TRAP = START - 1 - 1A - 4 - 1 - 2 - 3 - 5 - FINISH**

**(Mark 4 may be a gate)**

**OUTER TRAP = START - 1 - 2 - 3 - 2 - 3 - 5 - FINISH**

**ALL MARKS LEFT TO PORT (except gate)**

